

**CINCOM**<sup>®</sup>  
All For The Healthcare

## Knee Massager CM-066K

**CINCOM**<sup>®</sup>  
All For The Healthcare

 Cincom

 [www.cincomhealth.com](http://www.cincomhealth.com)

Email: [service@cincomhealth.com](mailto:service@cincomhealth.com)

**SHENZHEN CINCOM E-COMMERCE CO., LTD.**

Address: B806, building 11, gongyuandadixiaoqu, Longxiangdadao

longchengjiedao, longgangqu, shenzhen, guangdong, China

E-mail: [service@cincomhealth.com](mailto:service@cincomhealth.com)

Website: [www.cincomhealth.com](http://www.cincomhealth.com)



## User Manual

Thanks for purchasing our product. Please read the instructions carefully before use and keep it well for further reference.

## CONTENTS

SAFETY PRECAUTIONS .....	1
FAQs .....	2
NAMES OF COMPONENTS .....	3
OPERATING INSTRUCTIONS.....	4-5
MAINTENANCE .....	6
STORAGE .....	6
DISPOSAL .....	6
TROUBLESHOOTING .....	7
SPECIFICATIONS .....	7
PACKAGE INCLUDES .....	8
CONTACT US .....	8

## SAFETY PRECAUTIONS

### Warnings

1. Those with any of the following conditions or persons who are receiving medical treatment should consult the doctor before using the product:
  - 1)Using pacemaker or other medical devices which are susceptible to electrical interference;
  - 2)Suffering from malignant tumors;
  - 3)Suffering from cardiac diseases;
  - 4)Having serious peripheral neuropathy dysfunction or sensory disturbance caused by diabetes;
  - 5)Being unsuitable to do the massage because of traumas on the body;
2. Keep it out of the reach of infants, children, and people without the ability to use it independently.
3. Don't use another power adapter but the original one.
4. Don't scratch, damage, process, excessively band, pull or twist the power cord of power adapter. Otherwise, it may cause fire or electric shock.
5. It is not allowed to use when the power adapter dysfunctions or the plug is loose.
6. Don't plug or unplug the power adapter with wet hands.
7. It is forbidden to remodel, disassemble or repair the product without permission.



### Warnings

1. Stop using it immediately if you feel unwell. Don't use it again before consulting the doctor.
2. Don't use it in the bathroom or other humid places.
3. Unplug the power adapter from the socket before you clean and maintain it.
4. Unplug the power adapter when you are not using it.

## FAQs

Q1: How does this product massage?

A1: This knee massager combines heating therapy for the knee area and compression therapy (airbags inflated/deflated in different patterns) to massage the surrounding areas. Helps to relax muscles, improve circulation and relieve pain.

Q2: How many massage modes, and what's the difference?

A2: There are 2 airbags inside each knee wrap, one is below the knee and another is above, and it has 3 massage modes of how the compression therapy works.

Mode 1: Sequence Mode

below knee inflated – deflated – above knee inflated – deflated, this pattern runs in repeat.


Mode 2: Circulation Mode

Below knee inflated – above knee inflated – all deflated, most of the time this pattern runs in repeat and there are moments that the below airbag or above airbag compress and release in a short and quick way.

Mode 3: Combination Mode

Mode 1 and mode 2 runs alternately in this mode.

Q3: Why can't I feel the heat?

A3: The heat is optional and it's off by default, you can press the heat button “” to turn it on/off, please allow 2-5 minutes for heating up.

Q4: What should I do when the temperature is too high or too low?

A4: There are 2 heating temperature levels, you can choose low or high, if you think it's too high even in the low setting, please turn off the heat, or stop the massage and take off the wrap if needed. It is recommended to wear pants for a better experience.

Q5: What should I do if I feel the massage strength is too light or too strong?

A5: This knee massager has 3 compression intensities available, please choose the one comfort you most. You can also adjust the intensity by the tightness of the wrap.

Q6: How long should I use it?

A6: It is suggested to use it once or twice a day, 20 minutes each time. You can also use it longer if you feel too tired and wanna enjoy it more.

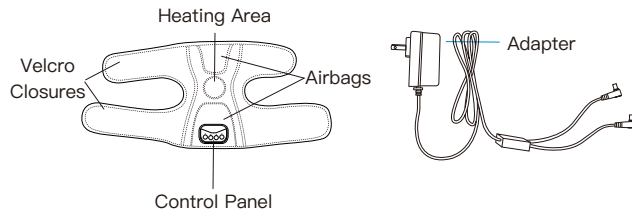
Q7: Can I use it only on one knee?

A7: Surely you can, each wrap has its own controller attached, which means that each wrap is independently controlled, so you can use one wrap or both at a time.

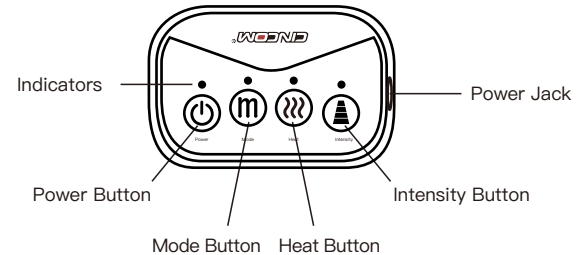
Q8: Sometimes it seems that the pressure is different. Why does it work inconsistently?

A8: In generally, it works the same when you turn them on at the same time. But since each wrap is independently controlled, there will be time difference. Also, it may be different because the tightness of the wrap is different when you wear it. It is a normal phenomenon and will not affect how the device works or experience.

## NAMES OF COMPONENTS



03

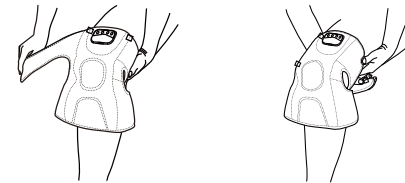


## OPERATING INSTRUCTIONS

1. Unfold the wrap and wear it properly, make sure the control panel is in the correct direction. Take Left leg as an example as below.

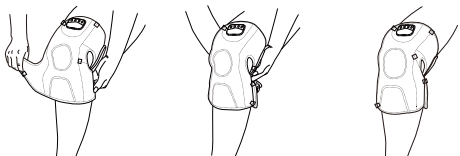


2. Fix the thigh part via velcro closure, check and adjust the position and tightness as below, don't wrap too tight.



04


3. Fix the calf part, check and adjust the tightness, don't wrap too tight.




4. Plug the adapter into the outlet and connect it with the control panel.




**Note:** Please plug it in tighter.

5. Press the “” button to start the massage, power indicator is in blue and it will begin with Mode 1 / Low intensity / Heat off by default.


6. Press the “” button to change between 3 massage modes, see the difference of the modes in FAQs/ Q2.

 – Sequence Mode  – Circulation Mode  – Combination Mode

7. Press the “” button to adjust the intensity, 3 levels available: low/mid/high, we suggest starting with the lowest level then build up as needed after you get used to it.

Tips: You can also change the tightness of the wrap to adjust the intensity.

 – Low  – Mid  – High

8. Press the “” button to turn on / off the heat , or to select between 2 temperatures: low / high.

 – Low  – High

9. After use, please disconnect the adapter and fold the wrap into the storage bag or the original package.

Note:

1. The heat is optional, you can turn it on or off anytime during the massage
2. Each wrap has its control panel, you can use only one or both at the same time
3. The massager will automatically shut off after 20 minutes' operating, you can press the power button to reset or end the experience earlier.

## MAINTENANCE

Make sure to cut off the power before you clean the device

1. If dirty, please wipe with a soft cloth moistened by soap solution.
2. Don't use gasoline, alcohol, diluent, and other irritating liquid to wipe the machine in case it causes malfunction or the components are damaged or discolored.
3. Do not hold the device under running water, do not submerge it in water or other liquids.
4. Toothpicks can be used to remove the hair or chippings attached to the Velcros.
5. Don't disassemble the machine by yourself.

## STORAGE

1. Keep it out of the reach of children.
2. Don't place it in high temperature and humidity conditions.
3. Avoid direct sunlight.
4. Avoid needles puncture the airbags.
5. Don't place heavy stuff on it.

## DISPOSAL

Please adhere to the local regulations when you dispose of the wasted

## TROUBLESHOOTING

Problems	Causes & Solutions
Doesn't work and the indicator light is off	<ol style="list-style-type: none"><li>1. Make sure the adapter is connected well.</li><li>2. Check if the cord is damaged, in this case, please contact our after-sales team.</li><li>3. Press the power button to start</li></ol>
Break off during operation	<ol style="list-style-type: none"><li>1. Check if the adapter is loose or falls off.</li><li>2. It will shut off automatically after 20 minutes using, press the power button to restart.</li></ol>

## SPECIFICATIONS

Product Name	Knee Massager
Model No	CM-066K
Rated Voltage	AC 100~240V 50~60Hz , DC12V/2A
Rated Power	24W
Weight	1.22kg / 2.69lb
Dimension	220x175x145mm / 8.66x6.89x5.71 in
Heating Temperature	Low level: 40 ± 3°C / 98.6~109.4°F High level: 45 ± 3°C / 107.6~118.4°F
Operating Conditions	Temperature: +5°C to 40°C ; Humidity : 5% to 90% non-condensing; Atmospheric Pressure : 75 kPa to 106 kPa
Storage Conditions	Temperature: -20°C to 55°C ; Humidity : 5% to 90% non-condensing; Atmospheric Pressure : 75 kPa to 106 kPa; Keep dry and avoid direct sunlight.

## PACKAGE INCLUDES

- 2x Knee Massage Wraps
- 1x Adapter
- 1x Portable Mesh Bag
- 1x User Manual

## CONTACT US

We provide a 2-year warranty and lifelong after-sale service. If you have any problems during using this product, please feel free to contact us. Our professional customer service team will help you!

E-mail: [service@cincomhealth.com](mailto:service@cincomhealth.com)

Note: Please include the order number along with the problems you meet in the mail, videos & pictures are welcomed for better and faster service.